

## QUIET TIME REFLECTIONS

### Day 1: James 4:1-3

- What word or phrase jumps out to you? Why?
- What kind of fights and quarrels do you think James is thinking about? Why do we have these evil passions in us? Where do they come from?
- How can we ask rightly as opposed to wrongly? What kinds of things should we ask for?

### Day 2: James 4:4-5

- How does this passage speak to you?
- Make a list of “friendship of the world” and “friendship with God.” Why are those things either in alignment with God or against God? Can you use Scripture to back up your findings?
- Contemplate what James means by “He yearns jealously over the spirit that he has made to dwell in us.”

### Day 3: James 4:6

- What insight do you gain from this text?
- What does it mean to be proud? Humble? How can we take steps to become more humble?
- Contemplate ways you’ve been proud or humble lately. Pray for grace over these things.

### DAY 4: James 4:7-8

- What’s one question you have about this passage?
- How do we submit to God? What does that look like? If knowing the promise of drawing near to God gives us victory over temptation, how will you change?
- What do you think James means when he says, “Cleanse your hands, you sinners, and purify your hearts, you double-minded?”

### Day 5: James 4:9-10

- What can you learn from this text?
- How should we treat our sin in light of these verses?
- How do you think the Lord will exalt you if you are humble?

### Day 6: James 4:11-12

- What is God saying to you in these verses?
- What do you think it means to “judge your neighbor”? What do you think it means if you “judge the law; you are not a doer of the law but a judge”?
- Contemplate ways you can be less judgmental toward others.

### Day 7: James 4:1-12

Read through the entire passage. Write down the **one verse** that spoke to you the most this week. Commit the verse to memory for an extra challenge!