

## QUIET TIME REFLECTIONS

### Day 1: James 3:1-2

- What word or phrase jumps out to you? Why?
- Why are teachers singled out in this chapter regarding “taming the tongue,” and why do you think they “will be judged more strictly”?
- Read verse 2. Do you think it’s possible for someone to speak only positive things? Why or why not?

### Day 2: James 3:3-4

- How does this passage speak to you?
- Why does James use the examples of the horse’s bit and the ship’s rudder to describe the human tongue?
- Think about ways your small tongue has caused large problems.

### Day 3: James 3:5-6

- What insight do you gain from this text?
- Why does James compare the tongue to a fire and the damage it can cause?
- Think about how your words are like a fire. Have you ever started any “fires”? Are there any “fires” you need to put out?

### Day 4: James 3:7-8

- What’s one question you have about this passage?
- What is possible to tame and what is impossible to tame?
- Think about the ways your tongue is “evil, full of deadly poison.” Do you need to ask God for forgiveness for any words you have used this week?

### Day 5: James 3:9-10

- What can you learn from this text?
- What affects the content of what you communicate to others?
- Think about ways you can praise God more and say fewer negative things to and about others.

### Day 6: James 3:11-12

- What is God saying to you from these verses?
- What does the choice of words spoken say about the person who’s speaking?
- Think about what steps you can take to guard your mouth.

### Day 7: James 3:1-12

Read through the entire passage. Write down the **one verse** that spoke to you the most this week. Commit the verse to memory for an extra challenge!