

QUIET TIME REFLECTIONS

Day 1: James 5:13

- What word or phrase jumps out to you? Why?
- What kind of suffering warrants prayer? What types of suffering have you experienced?
- What has happened in the last 24 hours that's made you happy, something you are thankful for? Take a few moments to thank God for this.

Day 2: James 5:14

- How does this passage speak to you?
- What's the importance of calling leaders to pray for us when we're sick? What's wrong with praying individually?
- What would it take for you to call for help from others if you get sick or are struggling with something?

Day 3: James 5:15

- What insight do you gain from this text?
- Have you ever wondered if sin leads to sickness?
- Who do you know who's sick? It says that the "prayer offered in faith will restore the one who is sick." Could you be the person God uses to help the sick person through him?

Day 4: James 5:16

- What is one question you have about this passage?
- What sins do you need to confess today?
- What does it look like for you to become "effective" in your prayers?

Day 5: James 5:17-18

- What can you learn from this text?
- In what ways are you like (or different than) the prophet Elijah? How does reading about his prayer help you become more courageous in your faith?
- What powerful prayer do you need to pray that could change someone's life?

Day 6: James 5:19-20

- What is God saying to you through these verses?
- What does it look like for someone to wander away from the faith? How does this happen?
- Think about one friend who's wandering from the faith? What would it take for you to go after that person?

Day 7: James 5:13-20

Read through the entire passage. Write down the **one verse** that spoke to you the most this week. Commit the verse to memory for an extra challenge!