

QUIET TIME REFLECTIONS

Day 1: 1 Peter 2:11-14

- What word or phrase jumps out to you? Why?
- What “sinful desires” do you face that “war against your soul”?
- Think about one simple way you can submit your life to God this week.

Day 2: 1 Peter 2:15-22

- How does this passage speak to you?
- What kind of suffering scares you? Does suffering ever lead to something positive? Can you think of an example?
- Think about how many people in certain countries and nations suffer physically. What’s something you can do about it?

Day 3: 1 Peter 2:23-25

- What insight do you gain from this text?
- If someone hurls an insult at you, what do you usually do? Talk back? Walk away?
- Think about the way Jesus responded to torture. Why is it so hard not to retaliate?

Day 4: 1 Peter 3:1-5

- What’s one question you have about this passage?
- What’s the importance of inner beauty rather than external attraction?
- Think about how our culture focuses on looks, beauty, and having a perfect body. What should our response be?

Day 5: 1 Peter 3:6-8

- What can you learn from this text?
- What are some things you can do to demonstrate compassion and humility in your relationships with others?
- Think about someone in your school, or a neighbor who needs an act of compassion this week. Now go do it.

Day 6: 1 Peter 3:9-12

- What is God saying to you through these verses?
- When someone is mean to you, how can you refrain from responding with meanness?
- Think about giving a verbal blessing and encouragement this week to your parents at a time when they’re not expecting it.

Day 7: 1 Peter 2:11-3:1-12

Read through the entire passage. Write down the **one verse** that spoke to you the most this week. Commit the verse to memory for an extra challenge!